

Name:	_ Date of Birth	::	Date:
🗖 No Travel History 📋 Last 7 Days 📘	Last 14 Days	Last 21 Days	Last 2 Months
Recent Travel Location:			
Family Member/Household/Contact Trave	l History		
🗖 No Travel History 📋 Last 7 Days 📘	Last 14 Days	Last 21 Days	Last 2 Months
Recent Travel Location:			
*Contact with person with highly contagion the systems below:  Yes No	us disease (Eb	ola/MERS/2019-r	nCoV) AND have one or more of
*Travel to a country with wide-spread (Et more of the systems below: Yes		19-nCoV) in the	past 21 days AND have one or
Ebola Symptoms: Fever, Headache, Wea Hemorrhage	kness, Musclé	e Pain, Vomiting,	. diarrhea, Abdominal Pain or
MERS (Middle East Respiratory Syndrome) Difficulty Breathing, Nausea, Vomiting, Dia Zika Symptoms: Macular or Papular Rash, I	arrhea, Abdom Fever, Arthralg	inal Pain or Musc gia or Conjunctivit	le Pain tis

Some symptoms are not unique for TB. For new or worsening cough, provide patient with a mask.

2019-nCov (2019-nCoV Novel Coronavirus) Symptoms: Fever and symptoms of lower respiratory illness (e.g., cough, difficulty breathing)

Infectious Disease Risk Factors/Symptoms—(Only if YOU or FAMILY MEMBER has traveled)

	Yes	No
Chills		
Fever		
Fatigue		
Headache		
Runny or Stuffy Nose		
Sore Throat		
Difficulty Breathing		
Shortness of Breath		
New or Worsening Cough		
Wheezing		
MDRO History Surveillance		

	Yes	No
Vomiting		
Diarrhea		
Abdominal(Stomach		
Pain)		
Weakness/Numbness		
Exposure to Disease		
Abnormal Breathing		
Unexplained bruising		
Joint Pain		
Abscess		
Rash		

	Yes	No
History of Clostridium Difficile		
History of Extended Spectrum beta-Lactamase		
History of MRSA		
History of Vancomycin-resistant enterococci		
History of Carbapenem-resistant Enterobacteriaceae		
Other		

New Patient Adult Intake Fo	orm – Sleep Clinic
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Verify droplet, Contact Isolation for Ebola:  $\Box$  Yes  $\Box$  N/A

\*Verify Airborne, Contact Isolation for MERS/2019-CoV:  $\Box$  Yes  $\Box$  N/A

Does the patient have any of the following conditions that compromise the immune system?

o None	O Myelogenic Leukemia within 90 days
<ul> <li>Acquired immune deficiency syndrome (AIDS)</li> </ul>	O Organ Transplant
o AIDS related complex (ARC)	o Pancytopenia within 90 days
<ul> <li>Any immunodeficiency syndrome</li> </ul>	O Prior hospitalization within 14 days
<ul> <li>Chronic Lymphocytic Leukemia (CLL)</li> </ul>	<ul> <li>Radiation therapy within 90 days</li> </ul>
<ul> <li>Congenital or hereditary immunodeficiency</li> </ul>	<ul> <li>Significant neutropenia within 90 days</li> </ul>
<ul> <li>Human Immunodeficiency Virus (HIV)</li> </ul>	O Systemic chemotherapy within 90 days
o Leukemia within 90 days	<ul> <li>Systemic corticosteroid/Prednisone therapy</li> </ul>
O Lymphocytic Leukemia within 90 days	within 90 days
<ul> <li>Marked Neutropenia within 90 days</li> </ul>	• Systemic immunosuppressive therapy within 90
O Myelodysplasia within 90 days	days

#### Section 2: Summary

Chief Complaint:								
Neck Circumference: _		incł	nes					
Onset of Symptoms: _								
Additional Information	n:							
Preferred Language: _			Met	thod of Ar	rival:			
Arrived With:	Nith: Consent Signed:							
Onset of Symptoms: _	Last Menstrual Period:							
Vitals:								
BP:	_ BP sit	e:		HR:		HR Site:		
Temp:	_Site:		RR:		SpO2 %: _		02:	
Measurements:								
Height:	_in/cm	Weight: _		lb/kg	Method W	veight Obtai	ined:	
Head Circumference: Chest Circumference:				Abdomir	nal Circumf	erence:		cm

#### Section 3: Problems and Visit Diagnosis

Diagnosis: Why are you being seen today?

#### Past Medical History:

Date	Problem	

#### Section 4: Medications/Allergies

Please list <u>medications</u> (including supplements) you are taking now, as well as the **dose** and **date** you started taking it (if known):

Medication Name	Dose (amount taking)	Start Date

Please list any known <u>allergies</u> you have, as well as the type of reaction:

Allergy	Type of Reaction		
Do You have a Latex (rubber) allergy?	Yes No		

## Section 5: Procedures/Surgeries

### Anesthesia and Transfusions:

Anesthesia/Transfusions	Anesthesia Reactio	n(s)	Blood Transfusion Acceptable
No anesthesia history	None		O Yes
Prior anesthesia	Awareness		O No
Prior anesthesia reaction	Cardiac arrest		O No. except for
No transfusion history	Difficult intubation		
Prior transfusion	Excessive post op nau	sea	
Prior transfusion reaction			Acceptable Blood Related Products
	Malignant hyperthermi		Albumin
		·	Cryoprecipitate
	☐ Vomiting		Darbepoetin (Aranesp)
			Factor IX concentrates
			Factor VII concentrates
Transfusion Reaction(s)			☐ Intraoperative cell salvage
	] Flushing 🔲 Restles:		Intraoperative hemodilution
		ness	Platelets
Anaphylactic reaction [	]Generalized bleeding 🛛 Rigors 1 Headache 🗖 Tachvc		Platelet derived topical agents
	, ······		Postoperative blood salvage/reinfusion
	] Hemoglobinuria 🔲 Tachypi	lea	☐ BhoGAM
Bronchospasm [			D Other:
Chest pain [ Chills [			
	] Hypoxia 🔲 Wheezi	lg	
Cyanosis [			
	] Nausea		
Dizziness [			
Dyspnea [			
Fainting			
Fever [			
Flank pain	j Hash		
Moderate Sedation Histo	·	th Sedation	
O No prior sedation for procedur		Unknown reaction	
O Prior sedation for procedure	🗌 Nausea 🗌	Other:	
O Unknown	Vomiting		

## Section 6: Family History

Relationship:	Mother	Father	Sister	Brother	Grandparent
Health Status:					
Cardiovascular:					
Aneurysm					
Heart attack					
High blood pressure					
Endocrine/Metabolic:					
Diabetes Mellitus Type I					
Diabetes Mellitus Type II					
Thyroid Disease					
Eye:					
Cataract					
Glaucoma					
Gastrointestinal:					
GERD-Gastro-esophageal reflux disease					
Hiatal Hernia					
Irritable bowel syndrome					
Liver disease					
Peptic ulcer disease					
Genitourinary:					
Enlarged prostate					
Incontinence					
Kidney disease					
Prostate cancer					
Hematologic:					
Bleeding disorder					
Hemophilia					
Immunologic:					
AIDS					
Autoimmune disease					
Musculoskeletal:					
Acute arthritis					
Back Injury					
Back Pain					
Fibromyalgia					
Osteoporosis					
Rheumatism					
Neurologic:					
Alzheimer's Disease					
Migraine					
Seizure					
Stroke					
TIA					
Tremor					

Oncological:	Mother	Father	Sister	Brother	Grandparent
Bladder Cancer					
Bone Tumor					
Brain Tumor					
Breast Cancer					
Colon Cancer					
Prostate Cancer					
Uterus Cancer					
Lung Cancer					
Cervix Cancer					
Ovary Cancer					
Hodgkin's Disease					
Leukemia					
Lymphoma					
Non-Hodgkin's Lymphoma					
Skin Cancer					
Psychiatric:					
Addiction					
Alcohol Abuse					
Anxiety					
Bipolar Disorder					
Dementia					
Depression					
Schizophrenia					
Suicidal thoughts					
Respiratory:					
Asthma					
COPD					
Sleep Apnea					
Genetic:					
Celiac Disease					
Cystic Fibrosis					
Down's Syndrome					
Muscular dystrophy					
Exposures:					
Alcohol User					
Substance User					
Tobacco User					
OTHER:					

Section 7: Social History
Have you been hospitalized outside the US in past 6 months? $lacksquare$ Yes $lacksquare$ No
Patient shows signs/symptoms of neglect?
History Assessed: 🔲 Yes 🔲 No
Have you used Tobacco anytime during the past 30 days? 🗖 Yes 🛛 No
Alcohol Use: Current Past Never
Type: 🛛 Beer 💭 Wine 🗖 Liquor 🔹 Other:
Frequency: 1-2 x year 1-2 x month 1-2 x week 3-5 x week Daily Several x Day
Tobacco Use:
Current Status unknown Unknown if ever smoked Current every day smoker
Current some day smoker C Former smoker Never smoker
Heavy tobacco smoker Light tobacco smoker
Electronic Cigarette Use:
Never Use, within 90 days Former use, greater than 90 days
Refused screening Unknown/Not Obtained Other
Type: Uses/Inhales per day:
Substance Use: Current C Past C Never
Туре:
Caffeine Use: 🔲 Yes 🔲 No
Type: Caffeine per day:
Marital Status: Married Single Divorced Widowed Other:
Number of Children:
Living Arrangements:
Alone Family/Significant Other Assisted Living Other:
Do you have daily help needed for self-care? 🛛 Yes 🔲 No 🔲 Name of Caregiver:
Activities of Daily Living: Any difficulty with? Speech or Communication Memory
Speech or Communication Memory Bathing Household Duties
Physical Activity: Exercise Type: Frequency:

Section 8: Morse Fall Risk
History of Falling Immediate or Within Last 3 Months: 🛛 Yes 🔲 No
Presence of Secondary Diagnosis: 🗖 Yes 🗖 No
Use of Ambulatory Aid: D Furniture Crutches, cane, walker None, bedrest, wheelchair
IV/Heparin Lock: 🗖 Yes 📮 No
Gait/Transferring: 🗖 Impaired 🔲 Weak 🔲 Normal, bedrest, immobile
Mental Status: D Forgets Limitations D Oriented to own ability
Section 9: Advance Directives
Advance Directives: 🔲 Yes 🔲 No
Patient Wishes to Receive Further Information on Advance Directives: 🔲 Yes 🛛 No

#### Section 10: Health Status

Allergies Verifie	d Meds Verified	History Verified
O Yes O No	O Yes	O Yes
O No	O No	O No

Immunizations Current: Yes No Non Received Unknown Vaccine Recommended

Other

Patient Counseled	
Nutrition Other:	
Physical activity	
Elevated BMI	
Medical Devices	Durable Medical Equipment
None Pacemaker	🗌 Oxygen therapy 🔲 Commode 🔄 Immobilizer
Implantable cardioverter-defibrillator	🗌 Walker 🔲 CPAP 🔄 Other:
🔲 Insulin pump	🗌 Wheelchair 🔲 Spirometry
Medication pump	🗖 Bed 🔲 Splint

## Section 11: Depression Screening

#### PHQ2-PHQ9 Screening:

Over the past 2 weeks, how often have you been	Not At	Several	More	Nearly
bothered by any of the following problems?	All	Days	than ½	Every
			the Days	Day
1. Little interest or pleasure in doing things:	0	1	2	3
2. Feeling down, depressed or hopeless:	0	1	2	3
If you answered 0 to the qu	estions at	ove- stop		
3. Trouble falling asleep, staying asleep or	0	1	2	3
sleeping too much:				
4. Feeling tired or having little energy:	0	1	2	3
5. Poor appetite or overeating:	0	1	2	3
6. Feeling bad about yourself:	0	1	2	3
7. Trouble concentrating:	0	1	2	3
8. Moving or speaking so slowly:	0	1	2	3
9. Thoughts that you would be better off dead	0	1	2	3
or of hurting yourself in some way:				
10. Difficulty at work, home, or getting along with	0	1	2	3
others:				
Column Totals:				
Add Totals Together:				
11. If you checked off any problems, how difficult h	ave those p	roblems ma	de it for you <sup>.</sup>	to do your
work, take care of things at home, or get along		•		
Not Difficult at all	Somewhat I	Difficult		
Very Difficult	Extremely [	Difficult		

# Adult Questionnaire - Sleep Clinic

Please completely fill in the circles which best describe your current condition. Please answer all questions. Thank you

Pulmonary:	Yes	No	Gastrointestinal:	Yes	No
Shortness of breath at rest	0	0	Trouble swallowing	0	0
Shortness of breath with exercise	0	0	Choking on food	0	0
Frequent cough	0	0	Heartburn	0	0
Coughing up blood	0	0	Abdominal pain	0	0
Chest pain	0	0	Nausea	0	0
Wake up at night short of breath	0	0	Vomiting	0	0
Recurrent chest infections	0	0	Diarrhea	0	0
Exposure to tuberculosis	0	0	Ulcers	0	0
Wheezing	0	0	Jaundice	0	0
Blood clot in legs or lungs	0	0	Renal:		
	0	0	Blood in urine		
Cardiac:			Urinary tract infections	0	0
High blood pressure	0	0	Kidney stones	0	0
Heart attack	0	0	Frequent urination at night	0	0
Leg swelling	-	-	Painful urination	0	0
Heart racing or thumping	0	0	Faintar annation	0	0
Rheumatic fever	0	0	Neurologic:		
Needs to sleep on 2 or more pillows	0	0	Stroke	0	0
High cholesterol	0	0	Migraines	0	0
	0	0	Frequent headaches	0	0
Constitutional symptoms:			Numbness or tingling	0	0
Fever	•	•	Seizure	0	0
Night sweats	0	0	Dizziness	0	0
Chills	0	0	Imbalance or unsteadiness	0	0
Weight loss	0	0	Vertigo	0	0
	0	0			
Musculoskeletal:	•	0	Hematology/Oncologic:		
Muscle weakness	0	0	Anemia	0	0
Joint pain	0	0	Cancer	0	0
Joint swelling	0	0	Bleeding tendency	0	0
Develoption			Blood transfusion	0	0
Psychiatric:	•			0	0
Depression	0	0	ENT:		
Anxiety	0	0	Blurred vision	0	0
Poor sleep	0	0	Decreased hearing	0	0
Snoring	0	0	Frequent sore throat	0	0
Morning headaches or awakening	0	0	Sinus infections	0	0
Excessive sleep during day	0	0	Hay fever	0	0
Panic attacks	0	0	Hoarseness	0	0
			nuaiselless	0	0

# New Patient Adult Sleep Medicine Questionnaire – Sleep Clinic

Epworth Sleepiness Scale				
How likely are you to doze off or fall asleep in the following situati	ons, in contr	ast to jus	t	
feeling tired?				
Use the scale below to choose the most appropriate number for each situation.				
0 = would <b>never</b> doze 1 = <b>slight</b> chance 2 = <b>moderate</b> c	hance 3 :	= <b>high</b> ch	ance	
Situation:	Chanc 0 1	e of Dozi 2	ing 3	
Sitting and reading				
Watching TV				
Sitting inactive in a public place (e.g., movie theater or meeting)				
As a passenger in a car for an hour without a break				
Lying down to rest in the afternoon when circumstances permit				
Sitting and talking to someone				
Sitting quietly after lunch without alcohol				
In a car while stopped for a few minutes in traffic				
IF YOU ARE ON CPAP/BIPAP PLEASE ANSWER THE FO		UESTIO	NS:	
Are you wearing a full face, over the nose, under the nose, or nas	al pillow?	YES	NO	
(circle one)				
Does your mask fit well?				
Are you wearing a chin strap? Is your mask leaking?		YES	NO	
If yes, where on your face is the leak occurring?			NO	
Are you choking, gasping, snoring or short of breath while wearing	g your	YES	NO	
mask?				
Are you experiencing air in your stomach that causes bloating or gassiness?			NO	
Are you experiencing dry mouth?			NO	
How long does it take you to fall asleep at night?				
How many times do you wake up at night?				
List causes for awakenings: How many hours do you sleep at night? Bedtime: Wake t	imai			
	inte.	VEQ	NO	
Do you feel more refreshed in the morning upon waking?		YES YES	NO NO	
Are you napping? Are you exercising?		YES	NO	
Are you working on weight loss?				
Are you taking sleep aids?		YES	NO	
Are you on oxygen at night?		YES	NO	
Are you being treated for Restless Leg Syndrome?		YES	NO	
How long have you been in PAP therapy?		YES	NO	
What concerns do you have about your PAP therapy?				
what concerns do you have about your FAF therapy?				
		1		

In your own words, please describe the main reason for coming to clinic today/Sleep Study:

Have you had a sleep study or sleep evaluation before? If so, specify when and where:

## Symptom Checklist

Fatigue/Sleepiness	Yes	No
I struggle to stay awake or feel tired during the day.		
I have fallen asleep while driving.		
I have difficulty with memory or concentration.		
Obstructive Sleep Apnea (OSA)		
I snore or have been told I snore.		
I have experienced choking, shortness of breath, or gasping during sleep.		
I avoid sleeping on my back.		
I struggle with nasal congestion.		
I experience leg swelling.		
I wake at night to urinate.		
Someone in my family has sleep apnea.		

Sleep Hygiene	Yes	No
My bedtime is		
My wake time is I sleep hours per night.		
I feel refreshed and rested when I wake in the morning.		
I struggle to fall asleep.		
What prevents you from falling asleep? (racing thoughts, pain, restless legs, etc)		
How long does it take you to fall asleep?		
I have or currently use medications to help me fall sleep.		
Please list what you have/are taking:		
I wake multiple times during the night.		
If yes, list the reasons that wake you up:		
I nap intentionally or accidentally fall asleep during the day.		
I sleep in my bed at night.		
I watch television or use electronics in bed.		
I sleep with pets.		
I work in my bedroom.		

My bedroom is noisy or uncomfortable.	
Excessive Daytime Sleepiness (EDS)	
I have felt paralyzed while waking up or falling asleep.	
I have felt weakness in my face or knees when laughing or with strong emotion.	
I experience dream like hallucinations when falling asleep or waking up.	
I have a history of depression.	
I have chronic pain.	
What medications do you use for pain?	
Movement Disorders	
I have restlessness or discomfort in my legs at night.	
I have a history of sleep walking, sleep talking, sleep eating, or acting out in	
my dreams	
I clench or grind my teeth at night.	
I have nightmares.	

## **Medical Providers**

What Providers Are You Seeing O	r Have You Seen? Who	When
Primary Care Provider		
Cardiologist		
Pulmonologist		
Neurologist		
Oncologist		
Other Specialty		
Other Specialty		

## Have you had any of the Following Tests

TEST	Where	When
Pulmonary Function Test		
(breathing tests)		
Echocardiogram (ultrasound of		
heart)		
Lab work in the Last 2 Years		
Overnight Oximetry Tests		
EKG		

## **Review of Systems**

Please mark yes **ONLY** to those symptoms you have experienced in the **last 2 weeks**.

Pulmonary	Yes	Constitutional	Yes	Renal	Yes
Shortness of breath at rest		Fever		Blood in urine	
Shortness of breath with exercise		Night Sweats		Frequent urination at night	
Frequent Cough		Chills		Painful urination	
Waking up at night short of breath		Weight loss			
Wheezing				Neurologic	
Blood clots		Gastrointestinal		Migraines or headaches	
		Trouble swallowing		Numbness or tingling	
Cardiac		Heartburn		Dizziness	
Chest pain		Abdominal pain		Imbalance/unsteadiness	
Leg swelling		Nausea		Vertigo	
Heart racing or thumping		Vomiting			
Sleeping on 2+ pillows				Psychiatric	
		Musculoskeletal		Depression	
ENT		Muscle weakness		Anxiety	
Frequent sore throat		Joint pain		Poor Sleep	
Sinus infections		Joint swelling		Snoring	
Hay fever				Morning headaches	
Dry Mouth		Hematology/Oncologic		Sleep during the day	
		Anemia		Panic attacks	
		Bleeding tendency			