

CANCER SCREENING GUIDELINES

Breast Cancer



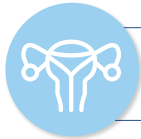
AGE 20-39

Clinical Breast Exam
Every year

AGE 40 & UP

Clinical Breast Exam
Every year
&
Mammogram
Every year

Cervical Cancer



AGE 21-29

Pap Test
Every 3 years

AGE 30 & UP

Pap/HPV Cotest
Every 5 years
OR
Pap Test
Every 3 years

Colorectal Cancer



AGE 45 & UP

Colonoscopy
Every 10 years

OR

Stool-Based Tests (FIT or FOBT)
Every year

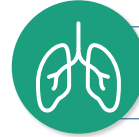
Skin Cancer



AGE 18 & UP

Talk to a doctor about a total body skin exam.

Lung Cancer



CURRENT/FORMER SMOKERS AGE 50 & UP

Talk to a doctor about a low-dose CT scan.

Prostate Cancer



AGE 50 & UP

Talk to a doctor about the benefits and risks of a PSA test.

Oral Cancer



AGE 18 & UP

Talk to a doctor about head and neck screening.

All people should talk to their doctors about what cancer screenings are right for them.